

## SHOPPING LIST

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### FRESH FRUIT & VEG

- 1.1kg loose white baking potatoes
- 25g pack Grower's Selection Flat Leaf Parsley
- 25g pack Grower's Selection Dill
- 1 bunch spring onions
- 2 loose lemons
- 90g bag Asda Mild Pea Shoot Salad
- 1 cucumber
- 7 loose red onions
- 3 loose courgettes
- 1 aubergine
- 325g pack Grower's Selection Cherry Tomatoes
- 25g pack basil
- 2-pack Grower's Selection Pak Choi
- 1 loose lime
- 750g pack Grower's Selection Salad Tomatoes

### BAKERY

- 4-pack Asda Ciabatta Rolls

### CHILLED

- 300ml tub Asda 50% Less Fat Crème Fraîche
- 150g pack Asda Cooked & Peeled King Prawns
- 270g pack Plant Based Meat-Free Sausages

### FROZEN

- 150g pack Scratch Cook Chopped Garlic
- 600g pack Frozen for Freshness Sliced Mixed Peppers

### JARS, PACKETS & TINS

- 418g tin Asda Pacific Pink Salmon
- 2 x 400g tins Smart Price Chopped Tomatoes
- 250g pack Asda Egg Noodles (dried)
- 120g sachet Asda Sweet Chilli & Garlic Stir-Fry Sauce
- 2 x 250g packs Asda Basmati Micro Rice
- 250ml bottle Asda Balsamic Vinegar of Moderna

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### STORE CUPBOARD

- Rapeseed oil
- Black pepper
- Reduced-salt vegetable stock cube
- Dried mixed herbs